November 2019

TDH ENTERPRISES, INC. MONTHLY NEWSLETTER

Strategies for Success

"A Message from Cole..."

Special points of interest:

- Mess from Cole
- Winter Prep
- CARF
- November and December 2019 Events

As most of you already know, TDH Enterprises, Inc. is celebrating another successful year of providing quality vocational rehabilitation services. During the most recent program year, which ended on September 30, 2019, TDH had the pleasure and privilege of serving over 202 individuals from Cuyahoga, Erie, Huron, Ottawa, Lorain, Sandusky, and Seneca Counties. Of those consumers receiving Job Placement Services, 60 were able to gain employment with wage ranges of \$8.55 to \$36.54 per hour.

In addition to another successful Employment and Community Services Program year, TDH continues to diversify its service delivery by operating the Ottawa County Juvenile Court Case Management Program .

Lastly, TDH will be seeking another accreditation from CARF for quality services in February 2020 To learn more about CARF, please look inside this issue of "Strategies for Success".

As I have stated previously, our agency's success could not be possible without the dedication and loyalty demonstrated on a daily basis by our staff. They are the true experts and without them, none of this could be possible.

Are You Winter Weather Prepared?

Oh I know, I know the weather was just beautiful this summer. The sun bronzing our skin and the waves crashing at our feet in the sand. Ice cream dripped down our cones and the seagulls swarmed above for dropped french fries at the park. While we enjoyed those days, the autumn foliage crept upon us and the days became shorter, its November already.

Time to break out the warm jackets and pull on the knitted sweaters. Short Sleeves become long and winter boots reappear. As you prepare yourself to stay warm and cozy for the chilly days ahead, don't forget to do those very important steps for your car to be winter weather prepared.

Winterize Your Car

Driving in the winter means snow, sleet and ice that can lead to slower traffic, hazardous road conditions, hot tempers and unforeseen dangers. To help you make it safely through winter, here are some suggestions from the National Safety Council to make sure that you and your vehicle are prepared.

Weather

At any temperature -- 20° Fahrenheit below zero or 90° Fahrenheit above -- weather affects road and driving conditions and can pose serious problems. It is important to monitor forecasts on the Web, radio, TV, cable weather channel, or in the daily papers.

Your Car

Prepare your car for winter. Start with a checkup that includes:

- Checking the ignition, brakes, wiring, hoses and fan belts.
- Changing and adjusting the spark plugs.
- Checking the air, fuel and emission filters, and the PCV valve.
- Inspecting the distributor.
- Checking the battery.
- Checking the tires for air, sidewall wear and tread depth.
- Checking antifreeze levels and the freeze line.

Your car should have a tune-up (check the owner's manual for the recommended interval) to ensure better gas mileage, quicker starts, and faster response on pick-up and passing power.

Necessary Equipment

An emergency situation on the road can arise at any time and you must be prepared. In addition to making sure you have the tune-up, a full tank of gas, and fresh anti-freeze, you should carry the following items in your trunk:

 Properly inf 	flated spare tire, wheel wrench and	l tripod-type jack		
· Shovel	 Bag of salt or cat litter 	· Tool kit	· Jumper cables	

Essential Supplies

		Essential supplies include:

- Working flashlight and extra batteries
- · Reflective triangles and brightly-colored cloth
- · Exterior windshield cleaner
- Scissors and string/cord

Compass

· First aid kit

• Wooden stick matches in a waterproof container • Ice scraper and snow brush

· Non-perishable, high-energy foods like unsalted canned nuts, dried fruits, and hard candy.

In addition, if you are driving long distances under cold, snowy, and icy conditions, you should also carry supplies to keep you warm such as heavy woolen mittens, socks, a cap and blankets.

If You Become Stranded...

 \cdot Do not leave your car unless you know exactly where you are, how far it is to possible help, and are certain you will improve your situation.

 \cdot To attract attention, light two flares and place one at each end of the car a safe distance away. Hang a brightly colored cloth from your antenna.

 \cdot If you are sure the car's exhaust pipe is not blocked, run the engine and heater for about 10 minutes every hour or so depending upon the amount of gas in the tank.

- To protect yourself from frostbite and hypothermia use the woolen items and blankets to keep warm.
- · Keep at least one window open slightly. Heavy snow and ice can seal a car shut.
- Eat a hard candy to keep your mouth moist.

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What is CARF?

COLT INTERNATIONAL

What is CARF? After walking around the office or talking with coworkers, I'm sure you have heard of it, but the question still lingers? Questions that play around in your quizzical head maybe: What is CARF? Why do we need it? What is it for?

CARF is an acronym for Commission on Accreditation of Rehabilitation Facilities. CARF was formed in 1966 by two national organizations, the Association of Rehabilitation Center and the National Association of Sheltered Workshop and Homebound Programs becoming CARF; a nonprofit, independent organization. CARF's primary business is accreditation. CARF officially recognizes health and human service providers as having met standards for quality of service. CARF's secondary business is education, research, and publishing. CARF serves many fields such as aging services, behavioral health, child and youth services, employment and community services, and medical rehabilitation. CARF serves North and South America, Europe and ASIA.

CARF has a Board of Directors made up of eleven elected members that approve policies regarding standards development and the accreditation process and fiscal matters governing the operation of CARF. Why do we choose to have CARF? Having CARF accreditation recognizes their ongoing continued conformance to the standards. Financial Institutes look for accreditation as a sign of financial stability. They value the diligence that results from accreditation and respond by offering future financial transactions. There is also a risk management involved with having a business such as ours and the accreditation can help an organization's exposure to risk.

CARF stands for continuous quality improvement with a focus on the satisfaction of the persons served. They are continuing their exploration and making sure that the people that are served by businesses are met at and above the standard.

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We're on the Web! www.tdhenterprises.com Founded in 1994, TDH Enterprises, Inc. is a corporation in the business of helping job seekers and employers meet their training and employment needs. As a privately owned for-profit corporation, TDH understands the importance of managing contracts and performance while building strong community partnerships in our service delivery area of Erie, Huron, Ottawa, Sandusky, and Seneca Counties.

TDH is committed to delivering quality services to our consumers. Since 1996 TDH has been CARF (Commission on Accreditation of Rehabilitation Facilities) accredited. CARF accredited programs ensure the highest industry standards possible, providing risk reduction and accountability. TDH has been and is presently accredited for the following identified services:

- Community Employment Services: Job Development
- Community Employment Services: Job Supports
- Community Employment Services: Job Site Training

We're on Facebook https://www.facebook.com/pages/TDH-Enterprises-Inc Stop by and check us out.

Also Note:

Independent Choices has a Facebook page. We hope everyone "LIKES" us. We are attached to the TDH page.

November & December 2019 Special Events

November 2019

- Aviation History Month
- Child Safety Protection Month
- International Drum Month
- National Adoption Awareness Month
- National epilepsy Month
- National Novel Writing Month
- Native American Heritage Month
- Peanut Butter Lovers' Month
- National Sleep Comfort Month

December 2019

- National Safe Toys & Gifts Month
- Universal Human Rights Month
- National Tie Month
- Worlds AIDS Awareness Month
- National Stress– Free Family Holiday Month
- Procrastination Awareness Month
- National Write-A-Friend Month
- National Hand washing Month
- National Fruitcake Month

Please Remember that the TDH Office will be closed on the following dates:

- Monday, November 11– Veteran's day
- Thursday, November 28– Thanksgiving Day
- Tuesday, December 24– Christmas Eve
- Wednesday, December 25- Christmas Day
- Tuesday, December 31– New Year's Eve
- Wednesday, January 1- New Year's Day



